



Palinsesto

LUNEDI		MARTEDI		MERCOLEDI		GIOVEDI		VENERDI		SABATO	
SALA FLY	SALA FLOW	SALA FLY	SALA FLOW	SALA FLY	SALA FLOW	SALA FLY	SALA FLOW	SALA FLY	SALA FLOW	SALA FLY	SALA FLOW
h 9.15 AERIAL DANCE LIV. 2 (Blima)											
		h 11.15 FUSION AERIAL FIT (Blima)	h 10.00 AERIAL YOGA (Silvia)						h 10.00 YOGA TERZA ETA' (Silvia)		
			h 13.00 FEET UP YOGA (Silvia)						h 13.00 AERIAL YOGA (Silvia)		h 12.00 ANIMAL FLOW DESTRUTTURATO (Gaia)
h 15.00 AERIAL HOOP LIV. 2 (Blima)		h 13.45 AERIAL DANCE LIV. 3 (Blima)									
				h 17.45 AERIAL HOOP LIV. 1 (Blima)	h 17.30 ANIMAL FLOW (Gaia)				h 17.00 ANIMAL FLOW (Gaia)		
h 19.00 AERIAL HOOP LIV. 1 (Blima)	h 18.45 AERIAL YOGA (Silvia)	h 19.00 AERIAL DANCE LIV. 1 (Blima)	h 18.45 FEET UP YOGA (Silvia)	h 19.00 AERIAL DANCE LIV. 2 (Blima)		h. 18.45 POLE DANCE (Silvia M.)	h 18.45 AERIAL YOGA (Silvia)				
h 20.15 AERIAL HOOP LIV. 2 (Blima)	h 20.15 AERIAL YOGA (Silvia)	h 20.15 AERIAL DANCE LIV. 2 (Blima)	h 20.15 AERIAL YOGA (Silvia)	h 20.15 AERIAL DANCE LIV. 3 (Blima)		h. 20.00 POLE DANCE (Silvia M.)	h 20.15 HATHA YOGA ANUKALANA (Silvia)				